

## THE FORMER AND HIS PLAYERS

FILROUGE clearly differentiates the role of TRAINER from that of FORMER !!!!

The coach is the one who turns his own ideas and football beliefs into play and to do so chooses the most suitable players to achieve the sporting result, it is he who trains the already developed and intrinsic technical skills of their players and puts them in a position to develop his game on a physical and tactical level, is therefore the main protagonist of the sporting performance of his team.

The Former is one who is willing to not be the main protagonist of the game of his team, but who leaves his players this role. This is why a former must, unlike a coach, NOT pass on his football ideas but be able to understand and develop the football of their players, regardless of the age group of the team with which we are "working".

A Former must be aware that he has players with very different morphological, cognitive, physical, technical and social characteristics, both for natural skills and for developmental components and learning ability. Now for these factors it is clear how different the two roles are, plus, in some rare cases, will have players who we did not choose!

We at Filrougeswiss are very convinced that a trainer can not impose his own football and can not teach football, but that a TRUE FORMER has the task and duty to put himself at the service of his "students" with the absolute aim of helping them to develop the football that is in them, respecting their natural characteristics and their ideas, giving them a way to develop their skills and the tools that are necessary for the individual skills that will give them the progression in the different technical, tactical, physical, cognitive aspects and to develop within the game the collective / team aspect .

The team of FILROUGESWISS is a team that does NOT play with schemes and does NOT play according to the opponent, it is a team that through its Former (coach) has clear the concepts of the game, applicable by all the components even if with a different degree of effectiveness.

The FORMER Filrouge, does not modify or distort the behavior or the game of the team depending on the result or the opponent, this because his first goal is the progression of his players and his collective, for this he must maintain stability and give continuity to the football development program.

The FILROUGESWISS former is aware that we are all different, very different from each other, so he can not teach soccer based on his own beliefs and ideas, otherwise he would create players that are be like him, but players are

totally different from him, they can not be like him simply because he is different !!!

Do I teach others the way I kick? or do I try to make everyone aware how to prove the effectiveness of their own way of kicking? I teach others that I keep my head up for taking in information during the ball conduct? or do I try to make him understand that taking info is important and the urge to find his own space / time / way to optimize his information outlet?

TEAM FILROUGESWISS